

SERVICES AND BENEFITS

- Medical Care (routine & preventive)
 - EKG
 - Echocardiogram
 - Holter Monitor
 - Pulmonary Function Test (Spirometry)
 - Urinalysis
 - Blood sugar
 - Fecal occult blood test
 - PPD (skin test for tuberculosis)
 - Vitamin B-12 and Allergy shot (steroid)
 - Ear Irrigation for wax
 - Flu Vaccine
 - Nebulizer Treatment with oxygen concentrator
 - Rapid strep test
 - IM/IV treatments (cost of drug is not included)
 - Weight Loss Management
 - Tetanus vaccine
 - Allergy testing through blood test (paid separately to the lab)
 - Vascular studies (Venous, carotid, peripheral duplex scans)

- Office Based surgical care
 - Repair of laceration
 - Excision of benign skin lesions
 - Excision of malignant skin lesions
 - Shaving of skin lesions
 - Mole removal –skin biopsy
 - Skin Tag removal
 - Sebaceous cyst removal
 - Lipoma removal
 - Warts (genital, sole, hand)
 - Partial or full nail removal for fungus in ingrown toe nail
 - Ligation of varicose vein branches
 - Joint injections (steroid)
 - Tendon injections (steroid)
 - Facet joint injections
 - Ganglion cyst removal
 - Repair of split ear lobes
 - Fine needle aspiration (Thyroid, Breast)
 - Excision of breast mass (Lumpectomy when possible)
 - Lymph node biopsy

- Pilonidal cystectomy
 - I & D of abscess
 - Application of splint
 - Application of cast for minor non-displaced fractures
 - Trigger point injections
 - Wound care with debridement

- Gynecological Care
 - Pap smear
 - Pregnancy test
 - Family Planning

- Pediatrics
 - Childhood immunization (except for Gardasil)
 - Audiometry

- Urgent Care during office hours

- Physical Therapy (Manhattan Only), ten visits per fiscal year

- Lab Test (blood,urine,stool), see appendix II for details

- Imaging: x-rays, sonograms, mammogram(one per year)

- Second opinions

- Pre-surgical testing

- Discount prescription card

- Referral for discounted CT scan and MRI

- Referral for discounted colonoscopy and upper endoscopy